We have been enjoying the beautiful snow during our outside time. We packed a new layer of snow onto “Frosty” in the nature classroom and the carrot from the feely box became his new nose.

This week’s focus was on foods we eat. It culminated with a game on Friday with the USDA Food Pyramid - (see photo). You may notice it looks different from our youth. It was revised about 3 years ago. If you want to print out your own pyramid for family discussions (it is a pretty good visual aid) go to: http://www.mypyramid.gov/kids/index.html. Up to this point we have been focusing on fruits and vegetables so adding proteins, dairy and grains today was a lot but hopefully discussions at home can help this make sense. You may find copies of the food pyramid on boxes of crackers or cereal and other packages. At family meals discuss the foods that you are eating and relate them to the categories on the food pyramid, why some are bigger than others and ask them what he or she has learned about making healthy food choices.

On Thursday the school counselor, Mrs. Sullivan read them a story about safe touch. Following the story each child colored in a bathing suit on their paper body template and we discussed and named some of the trusted adults in their lives.

Our shelves are full of works and the children continue to discover and grow from their experiences with them. Following are listed some of our units of study, special activities, or new works that went out this week.

**Language**
- Letter Cc
- New font sorts are out H/M/N and D/G/E
- Sorting - Veg/Fruit and names of various fruits and vegetables.
- Mitch the Fish story retelling
- Leo Lionni is our new featured author

**Sensorial**
- New pattern block templates

**Math**
- No new or refreshed works

**Geography/Cultural**
- South America is our current continent

**Science**
- Fish

**Music:**
- Tap, Tap, Tap Big Lines - a Handwriting Without Tears song

**Peace**
- Thursday’s morning circle was a review of drawing a person with the mat man song with an extension of adding a dream cloud of what each of them had as a dream/wish to bring more peace to our world.
- Our peace circle was a reading of a short book about MLK and talking about how he felt more love and less hate would make a better world. We started learning the song Put A Little Love In Your Heart.

**Calendar updates:**
- Jan 23 - 10:45 to 11:45 school open house
- Feb 4 - Island Commons field trip
- Feb 15-19: Winter Break - No School
Place value work - he just discovered he could make them all the same numeral (6666) and did so with remaining cards (7777, etc) with the cards he had not already used.

Mitten matching cards - red mittens have dots, green the numerals 1-12

Thank you for sharing your children
Miss Nancy

REMINDER THE OPEN HOUSE AT SCHOOL
Saturday, January 23, 10:45 - 11:45

Food pyramid game - Sorting food pictures by food group with exercise cards on the steps on the left.

Visual Discrimination - Sorting groups of letter fonts shown here are Aa/Bb and Hh/Mm/Nn