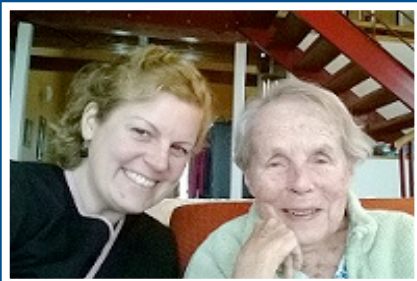




In-Home Care Services:

- * Light housekeeping *
- * Laundry *
- * Meal preparation *
- * Rise and shine visits *
- * Medication reminders *
- * On-island transportation *
- * Companionship *
- * On-island shopping and errands *
- * Personal care *
- * Use of Island Commons shower facilities *



Proudly Serving The Casco Bay Islands



icadmin@chebeague.net

Island Commons Resource Center
 132 Littlefield Road
 Chebeague Island, ME 04017
 207-846-5610

The Island Commons Resource Center is a 501(c)(3) charitable organization whose mission is to provide advocacy and action for informed solutions to health care concerns of our rural island community through its assisted living facility and aging in place programs.

~ Chebeague Cares is fully insured and bonded ~



A COMMUNITY HOME-CARE PROGRAM
 OF THE ISLAND COMMONS RESOURCE CENTER



Proudly Serving The Casco Bay Islands



Chebeague Cares is registered with the State of Maine as a Personal Care Agency.



We help you remain in your home – in comfort and safety.

Chebeague Cares



Chebeague Cares enables islanders to continue living in their own homes by providing assistance with daily activities such as preparing meals, light housekeeping, laundry, medication reminders and personal care.

Our Caregivers can also offer companionship to elders living alone, respite for family caregivers, or reassurance to families who live off-island.

Chebeague Cares is administered by Island Commons, which has provided assisted-living residential services on Chebeague Island since 1998.

Caregivers are experienced and have successfully completed the Maine Personal Support Specialist training that qualifies them to provide home care to elders.



If you or a loved one is experiencing the life-style changes that would benefit from in-home support, please contact:

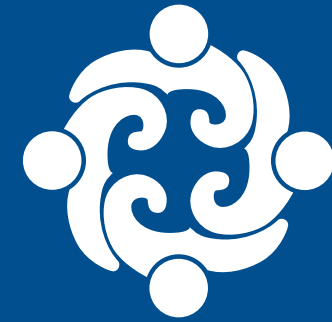
Amy Rich or Randi Bento

Chebeague Cares Coordinators

207-846-5610

icadmin@chebeague.net

www.islandcommonsresourcecenter.org



Q: Who will deliver the in-home care services?

A: Some current Island Commons staff will be among our caregivers. Additional caregivers will be trained as Personal Support Specialists and meet state regulations. Caregivers will be matched with clients on the basis of need as well as personal interaction.

Q: Is financial assistance available for Chebeague Cares services?

A: Home-care services may be covered through personal funds, some long-term care insurance policies and through private sources. Veterans and their spouses may qualify under the VA Aid & Attendance Program. Contact us for more information.

Q: Who is eligible for Chebeague Cares services?

A: Chebeague Cares services are open to all residents, including seasonal residents, based on an assessment to determine the level of care and staffing availability.

