

CHEBEAGUE RECREATION CENTER, INC.  
LIABILITY WAIVER FOR

**POLAR BEAR PLUNGE**  
**February 22, 2020**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

I, \_\_\_\_\_, Have voluntarily elected to participate in the Polar Bear Swim fundraiser. I fully understand the risks of jumping into the waters of Casco Bay in February. I agree not to hold the Chebeague Recreation Center liable for injuries acquired from my participation in this event.

I hereby confirm that I am in good physical condition and do not suffer from any disabilities or physical condition that places me at risk or otherwise prohibits my participation in the Polar Bear Swim.

Furthermore, in consideration of my participation in this program, I myself, my heirs and assigns, release the Chebeague Recreation Center (employees, officers, or volunteers), from any claims, demands, and/or causes of action arising from my participation in this event.

I hereby affirm that I fully understand the preceding paragraphs and volunteer to participate at my own risk.

Participant: \_\_\_\_\_ Witness: \_\_\_\_\_

\_\_\_\_\_  
(print names)

Signature: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent or Guardian:

\_\_\_\_\_