August is
Food Documentary Month at
The Slow Bell

**August 14 The Power of Community**
The island nation of Cuba was left high and dry when the Soviet Union fell- no fuel, no food, no fertilizer. This is the story of how the community survived by growing food; tobacco and sugar crops were replaced by organic veggies, and urban agriculture now feeds Havana.

**August 21 Fresh**
A hopeful look at the production of food in the US through stories of young farmers today

**August 28 King Corn**
College buddies return to their roots in the Midwest to try their hands as corn farmers- amidst this hilarious, rollicking reel they explore the ins and outs of our food system

Come check out the movie and enjoy a bit of local food, or even a cocktail concocted with local ingredients!

**Wednesdays**
6-8pm

Questions, suggestions, please contact Celia: cwhitehead@islandinstitute.org

Brought to you by the Island Institute Fellowship, the CICA Agricultural Committee and the Slow Bell