

Chebeague Island Council Calendar

11 | NOVEMBER 2015



Photo by Cathy MacNeill

Online Edition

.....

November 2015

Issue #11 Chebeague Island Council Calendar

Contents:

Island Council News	2
.....	3
Recompense Fund	4
From the Town Office	5
Historical Society	6
Library	6
Sew Good	7
CTC	8
List of Events	9
Cemetery Committee	10
Island Commons	11
Thank You Notes	12
Rec Center	13
Parents Association	14
Fire Fighter Footnotes	15
Classified Ads	

Publisher

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653-5651, Mike Conroy 846-8913,
Pam Curran 333-9188, Carol Lynn
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Mary Holman 846-1072, Ester Knight
846-4178, Marc Minkler 632-3190,
Carrie Ridgway 846-0130, Ann Thaxter
846-3274.

On the Cover:

This house was built for Herman Doughty and his wife in approximately 1891. It was run as a boarding house and well as a gift and antique shop by their daughter, Mina Doughty Perry. It was later bought by Benjamin Prescott and is now owned by Christine England.

This House History was provided by Deborah Bowman

From the editor

In order to create a better organization, the Council is in the process of writing new policies and procedures for the Island Calendar. Part of the new procedure includes a round of reviews by the Council. In order to allow time for reviews, the deadline for ads and submissions will be moved to an earlier date. Please take note of the new deadline. I apologize for any inconvenience.

Elizabeth Schutte



Photo by Tom Schutte

About the Calendar

The Calendar is a monthly publication of the Chebeague Island Council, delivered to every occupied residence on the island. Members of the Island Council who are off-island at the time of publication may choose to view it online or, for a few dollars more, receive it by first class mail.

Payment is required at the time of submission. Please mail your payment to the Chebeague Island Council at P.O. Box 12 or place your addressed envelope in the Library Drop Box.

Always welcome: news, stories, art, photos or anything else you would like to share with our community!

! The deadline for the December issue #12 is noon on Friday, November 13.

Preferred delivery method is via email attachment (**ads:** .jpeg or .jpg or .pdf **submissions:** .doc). If email is not possible, you can also drop off or mail your submission to the Hill Residence, 13 South Road. We are happy to help you with the creation of your ad.



Notes from the Chebeague Island Council

President's Message

As a member of this community, I can only say thank you, thank you, thank you to all the people who responded and reacted to the sad news of William Robinson's death. It would seem that our default position in response to disaster is compassion, understanding and helping each other through difficult times. I heard so many thoughtful conversations, observed many moments of quiet companionship, saw many long, loving hugs and hands being held or offered. Losing William was a family tragedy, but William had a really big family.

Peace, Deb Bowman

The Flu Clinic

The Flu Clinic, done by the Home Health Visiting Nurses, saw 34 patients including 6 at the Island Commons. Many thanks to Mac Passano and Beth Howe for providing their famous donuts, Ann Belesca for checking people in and Ester Knight for everything else!



Dr. Rybka, foot doctor, will be back December 2nd.

If you need **Emergency Fuel Assistance** or know someone who does, please ring Deb Bowman at **846 0609**. All calls are confidential. The Emergency Fuel Assistance program is to help get you through a rough financial spot. The program will put money towards WHATEVER your heat source is.

Food Assistance is available from the Church's year around Food Pantry. It supplies food/household items/personal hygiene items. Contact **Lola Armstrong** at **846 4106** or **846 4737**. Additional Food Assistance can be obtained through the **Samaritan Fund**. Please ring **Deb Bowman** at **846 0609**.



Job Opportunity



The Chebeague Island Council is looking for a bookkeeper proficient in QuickBooks for 8-10 hours monthly. For more information and a job description, please call Deb Hall at 846-9034.

Chedemption

Chedemption and its many, many volunteers (thank you all!) boxed or bagged and sent off island in the month of September, more than 15,200 soda and beer cans, 8,290 plastic bottles, and 7,028 bottles.



In Other News

The Council recently voted to support the Island Commons Adult Day Care program.

Sidra Nasir, Island Institute Fellow, has now started her work with the Council. We are so glad to have her!



Our next Council **meeting** is November 18th at the Parish House at 7:00 pm. Please note the different time.

The Recompense Fund

With this year's awards, the Fund has now made total grants of \$270,000 in its twenty-four year history. As we enter our twenty-fifth year, we are establishing a goal of awarding at least \$100,000 to Chebeague nonprofits in the coming five years.

A recently established activity is offering pro bono consulting to local

501(c)3s. An example of this was the recent important technical guidance we provided the Recreation Center for their major pool renovation project.

Strong nonprofits make for a thriving, sustainable island community.

For more information, email islandlife@chebeague.net.



The Recompense Fund
Sustaining Chebeague with Philanthropy Since 1992

Jane Leonard
Real Estate Broker
CRS, GRI, LTG

Jane's Chebeague Listings

Chebeague Waterfront Opportunities

mls #1233080	mls #1237077	mls#1224634	mls#1234797
\$585,000	\$689,000	\$419,000	\$585,000
			mls #1232354
			\$695,000

Amazing properties in some of the island's best locations

The Common @
88 Middle Street
Portland, Maine 04101
Phone: 773-2345

Jane: 207-831-9951
Jane@homesinmaine.com

www.chebeaguerealestate.com



From the Town Office

The Town Office will be **closed** Thursday, November 26th in observance of Thanksgiving Day.



Transfer Station Hours Change – With the time change on November 1, the Transfer Station hours “fall back” to:

- Wednesday – 1:30 to 4:00 p.m.
- Friday – 1:30 to 4:00 p.m.
- Saturday – 9:00 a.m. to 4:00 p.m.
- Sunday – 9:00 a.m. to 4:00 p.m.

Absentee Ballots are available for the November 3, 2015 State Referendum Election and the Casco Bay Transit District Regular Election at the Town Office during regular business hours:

- Monday – 9:00 a.m. to 5:00 p.m.
- Tuesday – 9:00 a.m. to 5:00 p.m.
- Wednesday – Closed
- Thursday – Noon to 8:00 p.m.
- Friday – 9:00 a.m. to 4:00 p.m.

An absentee voter is any registered voter who requests an absentee ballot prior to Election Day. The voter does not have to have a reason for voting by absentee ballot. The deadline to request an absentee ballot before any given election is 3 business days prior to Election Day by close of business. For more information contact the Town Office at 846-3148.



There is one Citizen's Initiative question:

- 1. Do you want to change Maine law to allow publicly financed state candidates to qualify for additional funds under certain limits and rules in the Maine Clean Election Act, to improve the disclosure of who pays for political ads, and to increase penalties for violations of campaign finance law?

There are two Bond Issue questions:

- 2. Do you favor a \$15,000,000 bond issue for the construction of new energy-efficient affordable homes for low-income seniors, the adaptive reuse of structures for homes for low-income seniors and the repair and weatherization of existing homes for low-income seniors, which will create jobs and will be matched by an estimated \$22,600,000 in private and other funds?
- 3. Do you favor an \$85,000,000 bond issue for construction, reconstruction and rehabilitation of highways and bridges and for facilities and equipment related to ports, harbors, marine transportation, freight and passenger railroads, aviation, transit and bicycle and pedestrian trails, to be used to match an estimated \$121,500,000 in federal and other funds?

Dog Registrations: All dog registrations expire on December 31, 2015. We will start licensing your dogs for the New Year on October 15, 2015. If your dog is spayed or neutered, the cost is \$6.00 to register. If the dog is not spayed or neutered, the cost is \$11.00 to register.



Revaluation and Taxes – The Assessor is winding down the requests for reviews of his assessment figures. He has given us a list of 49 abatements that will be recorded in the tax collections records. If you still have questions, please get in touch with me so we can help facilitate a conversation with him. Taxpayers have 185 days from the date of tax commitment, which was September 3, 2015, to apply for an abatement. In most cases, errors can be resolved by having a meeting with the Assessor. It is only when you still disagree that a formal abatement request should be submitted. That has to be done before going to the County Board of Assessment Review. If you have any questions about this process, please contact me.

We are still getting a lot of **tax bills** returned for insufficient addresses. Most of them say, “not at this address, unable to forward”. Please make sure we have an accurate address on your records. Taxes are due on October 1st, 2015 and April 1st, 2016 as voted at the Annual Town Meeting.

Thank you for your support and remember to be kind to one another,
Marjorie E. Stratton, Town Administrator

The Historical Society



The Chebeague Island Historical Society **Open House** is November 1st from 1 PM to 4 PM. Come enjoy the final chance to enjoy the Exhibit, see the Native American Indian Pipe found on our Island, or see Shirley Burgess' quilt depicting fishing life, and see the Higgins Farm implements among treasures on life on Chebeague. Then stop in the Gift Shop for fall deals. Enjoy a cup of cider & watch a demonstration of apple grinding & see the bean separator.

The **Museum Gift Shop** will be open for Holiday shopping over the Thanksgiving weekend and again in early December. Look for notices on the Web page and posted around the Island.



Ken Hamilton is continuing to document the stories of Chebeaguers who served in the military. He is particularly interested in individuals who served in World War II to the Present. If you or a member of your family served, please contact Ken Hamilton at 207-846-4161 or send him a note at 132 Littlefield Road, Chebeague Island, ME. 04017. Ken is in the process of compiling these stories of service into a publication.



WANTED: IDEAS



December will be the last month that the Council Calendar will have a house with accompanying history on the cover. We are looking for new ideas for the monthly cover. Share your idea by sending us an email at island.calendar@chebeague.net.

140 South Road
MLS # 1241915
\$199,000



4.7 acres just minutes from the Stone Wharf, Golf, Tennis, Inn, Museum, Market, Library ... surveyed, driveway to cleared and soil tested potential home site ... Come for a walk!



Anchor Realty

361 US Route 1
Falmouth ME 04105
207.781.8524

www.AnchorRealtyMaine.com



John Holt, associate broker
207.370.4017

come for the property ...
stay for the community



Chebeague Island Library

846-4351 phone 846-4358 fax

cheplib@hotmail.com

<http://chebeague.chebeague.lib.me.us/winnebago/search/search.asp>

Library Hours - WINTER HOURS in effect!

Monday	CLOSED
Tuesday	4 PM – 8 PM
Wednesday	10 AM – 1 PM
Thursday	4 PM – 8 PM
Friday	10 AM – 1:00 PM
Saturday	10 AM – 1 PM
Sunday	CLOSED

NEW BOOKS

The Nature of the Beast by Louise Penney

The Secret Chord by Geraldine Brooks

NEW MOVIES

Outlander, Season 1, Part 2

Aloft Homeland, Season 4

Zipper Pitch Perfect 2



Story time on Wednesdays – 10:30 am
 Giving Tree – sign up sheet will be on display in November.
 Call or stop in to see how you can participate!

Sew Good

Sew Good will meet November 18th (the third Wednesday of the month) at the Parish House. Join us to share a project, start or complete a project. We'll be making warm fleece mittens for the Ladies Aid Fair. No experience needed just come & share

Note: Sew Good will not meet in December.

Happy Holidays!



Snow

Removal Services

John Wilkinson, a CTC bus driver, is offering personal snow removal services at the Route One Lot. If you are interested, call John at 671-8305.

Gift Certificates for the Holidays!

Need a gift for the Holidays? Contact the office and order your certificate, in any amount.

Free Boat Days!

Once again this year CTC's holiday gift to the community is to provide free ferry rides twice during December.

This year our free boat days are 12/5 and 12/12.

Happy Shopping!!



Business Office:

(207) 846-5227/846-3700
 16 North Road, PO Box 27
 Chebeague Island, ME 04017
chebeaguetrans@gmail.com

CHEBEAGUE TRANSPORTATION COMPANY

November 2015

What's New at CTC?

Holiday Schedule

After reviewing the holiday ridership for recent years, we have created a schedule for Thanksgiving Day, Christmas Day, and New Year's Day 2016. Note that the first boat is at 8:15 AM. The schedule will also be posted on our website and copies will be available on the Islander and on the bus.

BUS LEAVES ROUTE ONE	FERRY LEAVES CHEBEAGUE	FERRY LEAVES COUSINS ISLAND
8:00 AM	8:15 AM	8:30 AM
9:45 AM	10:00 AM	10:15 AM
11:45 AM	Noon	12:15 PM
3:30 PM	3:45 PM	4:00 PM
4:30 PM	4:45 PM	5:00 PM
6:00 PM	6:15 PM	6:30 PM
7:00 PM	7:15 PM	7:30 PM

Islander Going to Boatyard

The Piper comes home on 10/26 after a very successful season at the Maine Maritime Museum. On 10/28 the Islander will be hauled at the Royal River Boatyard to undergo a Coast Guard "hull inspection" (an inspection that must be done every two years) and to have her engine "rebuilt". The Islander's engine is 13 years old and has run approximately 27,000 hours. It is showing signs of wear and, after much consideration, the Board of Directors voted at their October meeting to be proactive and rebuild the engine now- in compliance with the company's mission "to provide safe, reliable, efficient transportation for Chebeague Island". The Islander will be at the boatyard for several weeks while this work is being done. During that time, the Piper will be in service. While we understand that the Piper is not as comfortable as the Islander, the crew will make every effort to make the boat ride as pleasant as possible. Thank you for your understanding.

PARKING

APPLICATIONS DUE

11/30

Applications for annual parking permits were mailed October 15th to current permit holders. The applications are also posted on the "Parking and Bus Service" page on our website. We are pleased that once again there will be no parking fee increase for either parking lot for customers paying by cash or check. Parking spaces are limited at the Cousins Island lot and we receive more applications each year than available spaces. Priority is given to families living on the Island year round, especially those who commute. When you complete your application, please provide any information you feel may help us in our decision process. Applications received after the due date will not be considered for a Cousins Island spot. Customers who are more than 30 days in arrears for payment (of any kind) will not receive a Cousins permit and will only receive a Route One payment when the account is paid in full.

1 SUNDAY			
• Historical Society Open House	Historical Society		12:00 PM - 4:00 PM
3 TUESDAY			
• ELECTION DAY			
• School Committee	School		6:00 PM
5 WEDNESDAY			
• Board of Selectman Executive Session	Hall		6:00 PM
• CTC/Board of Selectman Joint Meeting	Hall		7:00 PM
14 SATURDAY			
• Planning Board Meeting			7:00 PM
17 TUESDAY			
• School Committee	School		6:00 PM
18 WEDNESDAY			
• Sew Good	Parish Hall		
• Community Luncheon	Hall		12:00 PM - 1:00 PM
• Board of Selectman	Hall		6:00 PM
• Island Council Meeting	Parish Hall		7:00 PM
19 THURSDAY			
• Planning Board Meeting			7:00 PM
21 SATURDAY			
• Ladies Aid Fall Fair	Parish Hall		12:00 PM - 2:30 PM
23 MONDAY			
• Cemetery Committee Meeting			4:30 PM

Church services are every Sunday at 10:00 AM
 Ladies Aid meets every Thursday from 11:00 AM to 2:00 PM at the Parish Hall
 Wednesdays: Soup & Coffee at the Hall from 9:00 AM - 12:00 PM

If you have any important upcoming dates you want to have listed in the calendar, please send an email to island.calendar@chebeague.net with: title of the event, location and time. Thank you.

DECEMBER	JULY 2016
5 Whalers Concert	23 CRC Summer Frolic
5 Free Boat Day	AUGUST 2016
11 Commons Holiday Open House	9 Historical Society House Tour
12 Free Boat Day	20 Island Music Night (tentative)

The Cemetery Committee

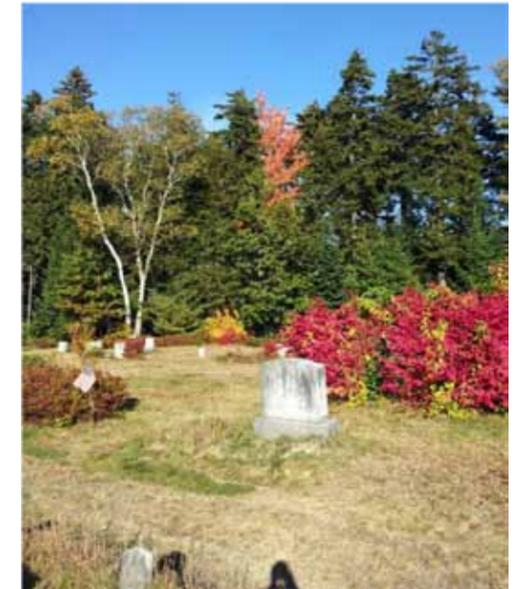
THE CEMETERY COMMITTEE calls your attention to several items in its newly written Cemetery Rules and Regulations, recently accepted by the Board of Selectmen, and printed in full on the Town of Chebeague Island website >Boards and Committees >Cemetery Committee.

One is 4.f) and states in part that Oct. 1 to Nov. 15 is the time when the fall cleanup is conducted by the Superintendent. "Family members should remove any vases, urns, and non-plant decorations that they wish to put back after the cleanup. Any items to be disposed of except for plant material should be taken to the Transfer Station. The Superintendent or his designee has the right to remove such items as urns or vases if necessary."

The second is 4.e) and states: "Shrubs or vines planted or growing beyond the owner's plot or grave may be pruned or removed at the discretion of the Superintendent." Take a good look at the growth of your plants during the summer. Are they spreading beyond your lot, more out of control, so that they need pruning, cutting back?

Please call a committee member if you aren't sure that your lot is compliant.

FM: Gloria Brown, 846-3491, gjbrown58a@gmail.com



Need your blood drawn on island?



Experienced Home Health Nurse,
 IV Therapist, Maternal/Child Nurse,
 and Geriatric Nurse.



Services visitors and residents of
 Chebeague, free of charge, to help avoid
 trips to the mainland.

Will do routine nursing tasks as directed,
 such as: draw blood, check vital signs,
 change dressings, remove sutures/staples,
 and communicate with PCP.

As of October 27th, Nurse Nancy
 will be in operation at the hall,
 joined by Joan Robinson.

Tuesdays 7:30 - 9:30 am
Island Hall

Have your practitioner fax, call,
 or write out orders.

Nancy Hill, RN | 13 South Road, Chebeague Island, ME 04017
home: 207-846-4126 | cell: 207-712-3184 | fax: 207-846-0460
nancyhill@chebeague.net | www.chebeague.org/nursenancy



ISLAND COMMONS
 132 Littlefield Road Chebeague Island, ME 04017
 846-5610 commons@chebeague.net
 www.islandcommonsresourcecenter.org

Save the Date!

*Annual HOLIDAY OPEN HOUSE ~ Friday, December 11, 4:30-6:30
 Please join us to celebrate the season...Gather with friends for holiday cheer, great food & music, and of course, fabulous raffles!*



In-Home Care

We can help with daily tasks such as: light house-keeping, meal prep, personal care, laundry, on-island errands...

CALL ABOUT OUR DISCOUNTED STARTER PLAN!
 Amy or Randi 207-846-5610
 Financial aid available...inquiries confidential

Join our Wait List...

Island Commons is currently full, but you can add your name to our wait list and we'll contact you if a room becomes available. There's no obligation to take the room if you find you're not yet ready to make a move, but knowing you're on the list can bring peace of mind to you and your loved ones. Contact Amy Rich for more information 846-5610

Congratulations...

To staff members Jade Morlock and Jaye-Allison Winkel, who recently passed their CRMA exams!

JOBS, JOBS, JOBS!!

We are looking for a Part Time 15 to 20 hour Certified Residential Medication Aid (CRMA) to join our team! Training will be provided. Call Amy Rich or Randi Bento 846-5610 or download an application from our website: islandcommonsresourcecenter.org

Island Commons is an equal opportunity employer

Come visit...our door is always open!

*Why not join us for lunch?
 \$6 donation...enjoy a home cooked meal & lively conversation...*

Island Electric would like to remind everyone we provide the following services:

- Repairs and service for electric appliances, water heaters, water pump systems, septic pump systems, sump pumps, and lamp and light fixture repairs
- Installation and repair of electrical systems and components, including generator sales and service
- Installation and repair of wiring for telephones, computer, television and sound systems
- Boat and marine wiring (docks, piers, etc)
- Service to other islands via our own boat

Feel free to contact me at 846-2468 or isldelt@juno.com

Thanks, and remember to support your local Island businesses... Kim

Chebeague UMC November News

Melissa Yosua-Davis, Pastor
 chebeaguechurch@chebeague.net 846-4106



Daring Greatly Book Study – The church and the library are co-sponsoring a 4 week book study on Brené Brown's book *Daring Greatly* on Thursday mornings from 9:30 to 11 AM. Start date is 10/29. Email the church or the library if you are interested!

A Generous Heart – Join us on Sunday, November 8th for a three week worship series about grace, gratitude, and generosity, and what it means for us to live lives with open, generous hearts.

Membership Sunday – We'll be receiving new members into the church on Sunday, November 22nd at our 10 AM worship gathering. Interested in joining? Email Pastor Melissa to get involved!

Christmas Pageant! – We're starting to get together kids and adults who want to participate in our Christmas Pageant on Sunday, December 20th. Interested? Contact Polly Wentworth at pkwentworth@chebeague.net or at 233-8382.

Advent – The first Sunday of Advent, the season of preparation leading up to Christmas, is November 29th. Join for our Advent Series "God Comes to Us" as we enter the mystery of the One who is revealed to us in our likeness and celebrate the many ways and places we experience God.

Help us by finishing the sentence "God comes to us _____" (ex: God comes to us in silence, God comes to us in trees, God comes to us in unexpected places). We'll use these responses during worship! Email them to Pastor Melissa at ml.yosuadavis@gmail.com.

Giving Tuesday – "We have a day for giving thanks. We have two for getting deals. Now, we have #GivingTuesday, a global day dedicated to giving back." On Tuesday, December 1st, consider the Chebeague Island UMC in your giving plans. The church provides community support, sacred space, spiritual guidance and so much more, and needs the financial support of the island to continue its work. Visit www.givingtuesday.org for more information about Giving Tuesday.

Thank you notes

Chebeague Island Rescue and Boat Crew,

As our busy summer slips into a quieter fall I keep going back to one unplanned event: A Cousin's Camp Rescue! I was so very grateful to be able to call Chebeague Island Rescue when my 9 year old nephew woke up in the night with severe stomach cramps. They were fast, thoughtful and kind, at least I began to feel better immediately. Then the boat crew was ready and waiting to deliver us to the next set of helpful hands. Again we were so grateful. It turned out that Jamie only missed one day of cousin's camp!

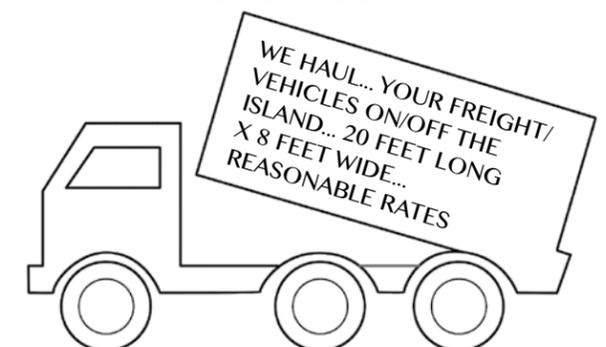
Thank you all so very much, Beth Grunko and all the cousin's



Gene, Mike and I would like to thank everyone for their cards, condolences, and concerns over the loss of William. He was a wonderful boy and it's important to us that everyone knows, this was an accident and not intentional.

Thank you, Joan

Island Electric



Please call **Kim Boehm, 846-2468** or email isldelt@juno.com



Chebeague Recreation Center News

www.chebeaguerec.com * crc@chebeague.net * (207) 846-5068

THANK YOU!

Recompense Foundation for recognizing the importance of the sustainability of CRC with your very generous grant of \$15,000 to help us complete repairs to the gymnasium lighting, the pool filters, and the filter shed. We would also like to thank the community for approving an additional \$5,000 in the town budget to help offset the cost of our pool repairs. The total amount needed to complete these projects is \$80,500 and to date we have raised \$29,100. We have some work ahead of us to raise the remaining funds but are confident that we will be successful. We are grateful for the support that we have received thus far.

Fun Programs this Month



Meditation
with Michelle Jackson
Fridays at 4:30 PM

Bellyfit
with Katy McCann
Monday and Wednesday
5:30-6:30



Music Lessons
by Jeanie Wester
by appointment

Saturday Soccer
9-10 AM



Personal Training
with Brian Phipps



Kettlebells
schedule varies

CRC Sports
Tuesdays and Thursdays
after school until 4:30 PM



Teen Center

Friday and Saturday nights at CRC
7-10 PM

Stay tuned for details about the mall crawl and holiday fun!

Kids' Place...



Open Monday-Thursday until 4:30 PM. We offer lots of free gym time, arts and crafts, and more. Visit our website or give us a call 846-5875 for more information.

Island Electric

In my quest to rid the island of junk cars and unsightly scrap, I am again **collecting** any and all **metals**, including old outboards, lawnmowers, etc. **Junk or unwanted vehicles** will be removed for **free**, even if they need to be towed.

All proceeds are donated to Island organizations. Thank you for your kind words and support!

Help keep the island clean and green!
Please call **Kim Boehm, 846-2468**
or email islandelt@juno.com

Property Maintenance

Lawn Mowing, Bush hogging, Wood chipping, Stump grinding, Brush removal, Rototilling, driveway grading, snow removal, and more....

Call Nathan Doughty
712-4017 or 846-4133



The Chebeague Parents' Association is selling wrapping paper and chocolates for all occasions. There is still time to place your order to receive it in time for Christmas! Simply visit www.innisbrook.com/user/160298 to place an order. Be sure to enter Chebeague Parents' Association as the seller to support our organization. Orders placed by November 6th will be shipped to your home in time for the holidays.

Thank you in advance for your support!



We have a new look! Special thanks to Caroline Loder for our spectacular new logo!

We are also pleased to **announce** our new web page!

Visit Chebeaguerec.com and click on the CPA link to stay up to date on what's happening with the CPA.

In the near future the CPA is working with a dedicated team of volunteer to host the Community Support Series. A presentation designed to strengthen and "support" our Island Communities.

*To support the CPA with continuing to enrich and enhance the lives of children, donation can be sent to :
Chebeague Parent's Association
382 North Road
Chebeague Island ME 04017*

The Whalers
Present



A Chebeague
Christmas

Saturday,
December 5th

7:30 pm

Chebeague Island Hall

Ladies Aid Fall Fair

Saturday, November 21st,

12:00 PM - 2:30 PM

at the Parish House

Come stock up on warm knitted goodies, have lunch, buy lots of yummy fudge and delectable baked goodies while you find treasures for Christmas Giving!

Fire Fighter Footnotes

Burn Permits and Parking

A Burning Permit is an absolute must if you are planning any type of outside burning. The permit is FREE. The permit lists the items that can and cannot be burned. Please read the permit PRIOR to starting the fire.

ALL FIRES MUST BE ATTENDED AT ALL TIMES

To get a burning permit during office hours, contact the **Town Office** at 846-3148, otherwise contact:

Ralph Munroe 712-3827 **Tom Calder** 272-2488
Lisa Israel 274-0716 (available after 3:30 during the week and
 anytime during the weekend)

For more information, go to www.townofchebeagueisland.org

Important resource numbers

- AA 24hr hotline 774-4335/800-737-6237
- Al Anon/Alateen to help
- family/friends of alcoholics..... 284-1844/800-498-1844
- NA hotline 800-974-0062
- 24 hr Crisis Intervention and
- Suicide Prevention Hotline..... 888-568-1112
- Statewide Sexual Assault Crisis Hotline..... 800-871-7741
- Family Crisis Services 800-537-6066

Fire/Rescue needs your help.

Please be sure to pull off the road as much as you can when visiting a friend's house. If you have a meeting or party, have everyone park on the same side of the road. This will allow Fire/Rescue vehicles to respond to a call quickly.

Thanks!



More Than A Day

As Thanksgiving Day rolls around, It brings up some facts, quite profound. We may think that we're poor, Feel like bums, insecure, But in truth, our riches astound.

We have friends and family we love; We have guidance from heaven above. We have so much more Than they sell in a store, We're wealthy, when push comes to shove.

So add up your blessings, I say; Make Thanksgiving last more than a day. Enjoy what you've got; Realize it's a lot, And you'll make all your cares go away.

By Karl Fuchs



Don't miss our drawing for a free one hour session!



Wind Rose Wellness

JOURNEY TO BALANCE

Ayurveda * Massage * Meditation * Reiki

Open House

253 Main St, Suite 1, Yarmouth

Saturday, November 21, 10am-3pm

Come meet therapists of Wind Rose Wellness and learn how we can help you find balance and better health.

Experience free mini sessions of our services, enjoy light refreshments, and talk one-on-one with our practitioners

windrosewellnessmaine@gmail.com

207.558-2058

Pete Pellerin of "Island Services" is now:

Maine Island Energy

- Bulk propane deliveries & tank installation
- Small tank exchange, including BBQ tanks
- Appliance installation & service



Serving the islands of Casco Bay

maineislandenergy@gmail.com (207) 415-5486



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