

Chebeague Island Council Calendar



*The
online
edition*

September Issue #9

September 2014

Issue #9

Chebeague Island Council Calendar

Contents:

CTC	2
Recreation Center	4
Recompense fund	5
Chedemption	6
Upcoming events	8
Phone directory updates/corrections	12
Library	13
Burn Permits and Parking	14
Thank you notes	16
Health Center	17
Activities page	18
Classified ads	19

On the Cover:

FALMOUTH

This Greek Revival style house on the East End of Chebeague was built in 1858 for Stone Sloop Captain Reuben Hill, who lived there with his family. His son, Sylvester Hill, rented the house before selling it to a Mrs. Carr. She sold it to Harry Goodwin. Dr. Garland Gray, a retired Naval Captain in the Medical Corps, purchased it in 1957. To his wife, Bertha, it was the "anchor" she had always longed for after their years in the Navy. Dr. Gray became the volunteer Island physician, with Bertha as his nurse. After his death in 1983, she tended the house and the gardens meticulously, working for Ladies Aid, delivering Meals on Wheels, even volunteering to help people with their luggage and groceries on the CTC well into her nineties. Current owners are Terri Bourke and Mike Conroy.

The monthly House Histories are selected and written by Martha Hamilton.

About the Calendar

Publisher:	Chebeague Island Council Deb Bowman, President, 207-846-0609, dabisland@hotmail.com
Editors:	Tom and Elizabeth Schutte, island.calendar@chebeague.net PO Box 12, Chebeague Island, ME 04017
Treasurer:	Ariette Scott, 207-846-9324, ariettemaine@gmail.com
Website:	www.islandcalendar.weebly.com

Also available for comments/questions, Board members: Lola Armstrong 846-4737, Gin Ballard 653-5651, Vivian "Binkie" Boxer 846-0667, Mike Conroy 846-8913, Carol Lynn Davis 846-8859, Deb Hall 846-9034, Nancy Hill 846-4126, Mary Holman 846-1072, and Ester Knight 846-4178, Carrie Ridgeway 846-0130, and Ann Thaxter 846-3274.

The Calendar is a monthly publication of the Chebeague Island Council, delivered to every occupied residence on the island. Members of the Island Council who are off-island at the time of publication may choose to view it online or, for a few dollars more, receive it by first class mail.

Payment is required at the time of submission. Please mail your payment to the Chebeague Island Council at P.O. Box 12 or place your addressed envelope in the Library Drop Box.

Always welcome: news, stories, art, photos or anything else you would like to share with our community!

**| The deadline for the October issue #10
is noon on September 20.**

Preferred delivery method is via email attachment (**ads:** .jpeg or .jpg or .pdf **submissions:** .doc). If email is not possible, you can also drop off or mail your submission to the Hill Residence, 13 South Road.



Welcome Back Specs!

Gilbert "Specs" Eaton has rejoined the CTC Board of Directors after unanimous approval by the Members at the 7/19 Annual Meeting. (He was a board member and treasurer from 2008-2011).

Specs grew up in Portland and Cape Elizabeth. He spent his career as a public school educator. In the summer of 1993, Specs first visited Chebeague. He built a home on Bar Point in 2001. He has been a resident for several years and is currently a real estate agent doing business on the island. Specs and his wife, Grace, have three grown children.

We are excited to have Specs back on the CTC Board - knowing what a great asset he was to the organization in his last term!

The first three people who email or call the office and say "I can't believe summer is over!" will get two tickets to a remaining cruise. All former winners are eligible to win!!

Business Office:
(207) 846-5227/846-3700
16 North Road, PO Box 27
Chebeague Island, ME 04017
ctc@chebeague.net

CHEBEAGUE TRANSPORTATION COMPANY

What's New at CTC?

What Conversion to a 501(3)(c)means to you!

After many years of discussion and two years of intensive work, CTC converted to a 501 (c) (3) nonprofit corporation as of June 2, 2014.

Donation to the nonprofit

CTC stockholders who did not assert their appraisal rights in 2012 donated their shares in the former company to the nonprofit at a value of \$46.76 per share. If you declare the value of your shares as a tax deductible contribution to the nonprofit on your tax return, the value of your donation will be the number of shares you had at the time of conversion multiplied by \$46.76. For example, if you owned 10 shares, your donation would be \$467.60. For documentation purposes, you should have proof of the number of shares you owned plus the letter sent to you in the Annual Meeting mailing. If you do not have a copy of that letter, you can get a copy on the "Member" page of the CTC website (chebeaguetrans.com).

Membership Benefits

At this time, there is no financial benefit to being a member of the nonprofit. The former "Stockholder Ticket" is now a "10 Ride Pass" available to anyone.

Members will be eligible to attend the annual meeting and voice their concerns, offer suggestions, and vote for board members, as well as other items detailed in the bylaws. Special membership mailings are planned for the future. Former stockholders may become members at no cost. Otherwise, the cost is \$40. To become a member, send your contact information (name, address, email, phone) to the CTC office (ctc@chebeague.net) along with your check, if required.

We are moving again!

The CTC office will move in early September to 16 North Road, right next to the Historical Society. Many thanks to the Johnsons who provided a great office for us! We are excited about the move. To accomplish this, the office will be closed on 9/3 and 9/4. Our mailing address has not changed: PO Box 27, Chebeague Island, ME 04017.



September 2014

TIME TO SPEND SOME TIME ON THE WATER!

Only 2 Cruises Left!!!

Casco Bay History Cruise - 9/6 at 5:30 PM

Foliage Cruise - 10/12 at 4:30 PM

Ticket Prices

Adult (12+): \$15 Advance/\$25 Day of

Child (6-11): \$10 Advance/\$15 Day of

Under 6 - FREE

Get your tickets on the ferry or at the office.

Winter Fares

Ferry fares will be reduced on October 1st. Fares will be posted on the CTC website and on the ferry. Customers paying by cash/check will not see an increase over 2013 winter fares.



ISLAND COUNCIL CALENDAR NOTES

Summer is over. As busy as it was with activities, theater, musical offerings, golf or tennis tournaments, yacht races, poetry and book readings, visiting family and friends – the work of the Island Council went on. The Health Center was open every Tuesday, staffed by volunteers. Chedemption was busy and so were the volunteers who packed boxes and filled bags with bottles and cans. The Council office was busy with a volunteer board treasurer opening mail and answering inquiries. Calls for fuel assistance and food cards were handled.

In August, we welcomed new Board members: Vivian (Binkie) Boxer, Carrie Ridgeway, Anne Thaxter and Mike Conroy. We said goodbye and thank you to Mac Passano, Gail Miller and Donna Colbeth. Please, if you have concerns, questions or suggestions, don't hesitate to contact any one of the Board members.

Deb Bowman, President
dabisland@hotmail.com
846-0609

The Chebeague Island Council Calendar will no longer be sent via bulk mail off the island. Instead, you may: request first class mailing, or view the Calendar online at www.islandcalendar.weebly.com And, yes! The Calendar WILL CONTINUE TO BE MAILED TO ALL ACTIVE ON-ISLAND MAILBOXES.



From the editors

We had such a wonderful time on the island this past month. Many thanks to everybody who shared their thoughts on the calendar with us. We got a lot of great feedback.

While all the submissions for September were rolling in, we were busy flying over the Atlantic back to our home in The Hague. In those first few days, while recovering from jet lag, we pieced this issue together. Please forgive us if we have made more than the usual amount of mistakes. ☺

Tom and Elizabeth Schutte



Chebeague Recreation Center News

www.chebeaguerec.com * crc@chebeague.net * (207) 846-5068

Zumba... Monday, Friday and Saturday mornings with Katy.

Bellyfit classes Saturday mornings at 8:15

Kids Place

Afternoon Enrichment
Different themes weekly
Ages 3-5, 1:00-3:30

Lego Club is back!!!
Fridays, Sept 12 and 26
3:30-5:00

Friendship Fire....
Thursday Sept 18 3:30-5:00
Come build a campfire and sing some old time favorites while celebrating friendships and heralding in the new school year

Summer Frolic

Thank you to all involved in making this years Summer Frolic such a success, not only was it a productive fundraiser, but a wonderful community event. From dinner hosts, auction donations, guests and extraordinary efforts by the committees to pull off such an elegant evening.,

Island Spies... Mondays after school - 5:00. \$15 hike and investigate the island and hear guest speakers tell stories of the past we dont want to lose

Family Movie Night

Sept 12, 6:00 showing popcorn and snacks.
\$5pp \$20 family cap

Property Maintenance

Lawn Mowing, Bush hogging, Wood chipping, Stump grinding, Brush removal, Rototilling, driveway grading, snow removal, and more....

Call Nathan Doughty
712-4017 or 846-4133



LIVE LOBSTER FOR SALE



As of September 9th lobsters will be available by phone order only.

Summer Hours: 4:30 - 6:30 pm
Open Thursday through Monday

Come pick your own at the corner of Chandler's Cove Road and South Road

If you need lobsters outside of shop hours please call Hank at 207-632-2648

Recompense fund

Did you know that The Recompense Fund is now accepting donations from Chebeague Islanders? Please consider this an outstanding, easy and effortless way to support Chebeague's not-for-profits. All of us contribute, and we encourage you to follow suit.



A recent example of our grant philosophy was our sponsorship of the SustainME Conference. Individual sponsorships began at \$500, but our contributors,

some as small as \$10, were able to support small business activity on Chebeague by way of their membership in Recompense.

Now in partnership with the Maine Community Foundation, which handles our administration as well as investment of our endowment, we focus all of our energies on supporting the vitality of Chebeague Island by investing intelligently in the sustainability of local not-for-profits.

Donations can be made by sending a check to The Maine Community Foundation, 1 Monument Way, Ste 200, Portland, ME 04101. Be sure and put RECO on the memo line.

Leila Bisharat
Caitlin Gerber
Beverly Johnson
Betts Mayer

Eldon Mayer
Manny Morgan
Ralph Munroe
Scott Searway

Jim Van Fleet
John Wilson

Pete Pellerin of "Island Services" is now:

Maine Island Energy

- Bulk propane deliveries & tank installation
- Small tank exchange, including BBQ tanks
- Appliance installation & service



[\(207\) 415-5486](mailto:maineislandenergy@gmail.com)

Please call or email us Monday - Friday,
8am - 5pm for service or tank exchange
Additional fee for weekend and holiday service



*Serving the islands
of Casco Bay*

Kids volunteering for Chedemption



This summer we saw more kids volunteering for Chedemption than ever before. Hurray! This is a great, fun way to teach the kids about giving back to the community and the joy of doing real work that makes a difference.

The Rich girls, Catherine and Carly, are frequently seen with their mother Amy volunteering on behalf of several organizations. The Todd boys, Cameron and Caleb, have also been terrific volunteers working with their mom, Vickie. The kids are always polite and

helpful. They know the rules and will actually do the sorting for you or teach you what to do. Please think about making it a parent/child activity or grandparent/grandchild activity.

If you have any questions or concerns about Chedemption please call one of our committee members: Mary Holman, Ester Knight, Gail Miller, Ariette Scott, Laura Summa, or me, Nancy Hill. We want it to work, we want it efficient, and we want it fun. Thank you!

**Jane
Leonard**

*Real Estate Broker
CRS, GRI, LTG*

Jane's Chebeague Listings



mls #1135047

\$139,000



mls #1094398

\$329,000



mls #1136855

\$750,000



mls #1135598

\$648,000



mls #1085669

\$195,000



mls #1134518

\$569,000



mls #1097795

\$295,000



mls #1141390

\$409,000

**The Common @
88 Middle Street
Portland, Maine 04101
Phone: 773-2345**

Contact Jane for Your Mainland Real Estate Needs!

Jane: 207-831-9951

Jane@homesinmaine.com

www.chebeaguerealestate.com

1 MONDAY			
• Sunset Committee		5:30 PM	
6 SATURDAY			
• Casco Bay History Cruise	CTC	5:30 PM - 7:30 PM	
9 TUESDAY			
• School Committee		6:00 PM	
10 WEDNESDAY			
• Board of Selectman		6:00 PM	
15 MONDAY			
• Cemetery Committee		4:30 PM	
• Sunset Committee		5:30 PM	
16 TUESDAY			
• Road Plan Committee		3:30 PM	
17 WEDNESDAY	Parish Hall	5:30 PM	
• Island Council Meeting			
18 THURSDAY			
• Planning Board Meeting		7:15 PM	
23 TUESDAY			
• School Committee		6:00 PM	
25 THURSDAY			
• Coastal Waters Commission		6:00 PM	
26 FRIDAY	Hall	7:30 PM	
• Cheb. & Cumb. Land Trust Annual Meeting			

- Church services are every Sunday at 10:00 AM
- Ladies Aid meets every Thursday
- Tennis: Men's Round Robin every Monday at 9:00 AM, Ladies every Thursday at 9:00 AM

UPCOMING EVENTS

OCTOBER 11

- GCGC Blanchard Invitational and Frost Tournament

OCTOBER 12

- CTC Annual Foliage Cruise

2015

AUGUST 11

- CIHS 2015 House Tour

If you have any important upcoming dates you want to have listed in the calendar, please send an email to island.calendar@chebeague.net with: *title of the event, location and time.* Thank you.

Island Electric

In my quest to rid the island of junk cars and unsightly scrap, I am again **collecting** any and all **metals**, including old outboards, lawnmowers, etc. **Junk or unwanted vehicles** will be removed for **free**, even if they need to be towed.

All proceeds are **donated to Island organisations**. Thank you for your kind words and support!

Help keep the island clean and green!
Please call **Kim Boehm, 846-2468**
or email islnldt@juno.com

Chebeague United Methodist Church News

Church Office 846-4106
Mary Jane O'Connor Ropp,
Pastor: mareropp@aol.com
Ariette Scott, Secretary:
chebeaguechurch@chebeague.net



Worship at 10am Sunday morning
Nursery Care is available every Sunday during worship

GOT FOOD???

A reminder if you are closing cottages and houses for the winter – please don't leave those canned goods and other items to spend a cold and lonely winter by themselves. You can put them to good use and help some other island folks to have a better winter. The Food Pantry would appreciate your donation of canned food, household cleaning, and paper products before you leave the island.

You may leave your donation in the entry to the parsonage office or call Lola at 846-4737 to arrange for pick-up. Thank you!

come for the property ... stay for the community!



361 US Route 1
Falmouth ME 04105

We're here for you, year round, to assist you with moving **on** or moving **in!** We'd be happy to show you **any** of the properties currently available on Chebeague Island. Please point your browser to the public MLS site www.MaineListings.com and enter **04017** in the 'Town/Zip code' space. Or call us and we can do the looking for you.

We look forward to serving all your real estate needs!

John Holt
207.370.4017

Annette Kincaid
207.619.0052

www.AnchorRealtyMaine.com

CHEBEAGUE AND CUMBERLAND LAND TRUST SPECIAL PROGRAM AND ANNUAL MEETING

Friday, September 26, 7:30 PM, Island Hall



"Susquehanna River of Dreams"

Featured Speaker: Susan Stranahan
Award-Winning Chebeague Author



Openings ~ Private Rooms

Island Commons has immediate openings for full-time residency at our 7-bed assisted living home. We offer person-centered care, tailored to meet the needs of each individual. Home-cooked meals, a well-trained and dedicated staff, and a wide array of activities are just some of what we offer. Island Commons residents are truly embraced by our island community, and enjoy the many benefits of social interaction with people of all ages. If you're thinking of assisted living for yourself, a loved one, or a friend, come visit and see what sets Island Commons apart.

~ Contact Amy Rich, Administrator 846-5610 icadmin@chebeague.net



In-Home Care Program

Did you know...?
we have financial assistance available!
Inquiries kept strictly confidential...
Contact: Vicki Todd (207) 846-1379
chebeaguecares@chebeague.net

Thank You...to all who donated, shopped and volunteered their time to make the Commons Yard Sale a great success!

Calling Volunteers!!

Our residents love attending community events and getting to know their island neighbors. Consider volunteering to take a Commons buddy along to your next event! Please contact Nancy Olney for ideas and more information. Thank you!

Artistic Design, Planting & Maintenance of your yard and Gardens

BAREFOOT LANDSCAPING

BJ Abrahamson
846-4909

ISLAND COMMONS

132 Littlefield Road Chebeague Island, ME 04017
846-5610 commons@chebeague.net
www.islandcommonsresourcecenter.org



Jobs, Jobs, Jobs!!!

Island Commons seeks dedicated team players to fill the following positions....

*RESIDENTIAL CARE COORDINATOR: Oversee all aspects of residential care. CRMA certification required.

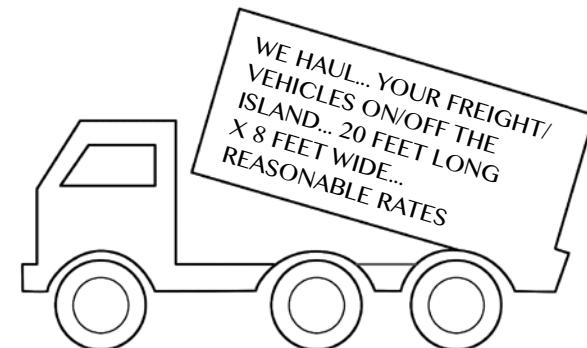
*CRMA (certified residential medication aide) State certification required (training possible for the right candidate). Work directly with residents including medication administration, tasks of daily living, some cooking and light housekeeping.

*DCA (direct care attendant): cooking, housekeeping, assist residents with various tasks of daily living

Stop by, or visit our website for more detailed job descriptions and to obtain an application.

Contact Amy Rich for more information
846-5610, icadmin@chebeague.net.
Island Commons is an equal opportunity employer

Island Electric



Please call Kim Boehm, 846-2468 or email islnlde@juno.com

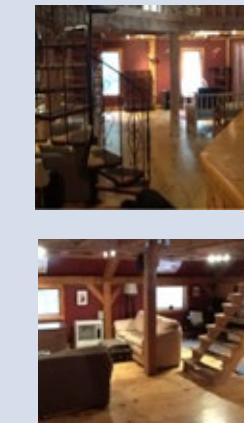
Prudential Northeast Properties

208 Suite 2, U.S. Route 1
Freeport, ME 04032
207-869-5173

JUST REPRICED

MLS# 1139021

Comfortable island home with an attached, heated workshop with a separate in-law or rental space above, a detached 2-car garage, 3 bdrms, 3 baths, over 2500 sq. ft of finished space, spacious yard, and spaces for projects and storage - recent inspection report - lots of potential for \$239,900. Call 491-5150



specseaton@gmail.com or call 491-5150

Gilbert "Specs" Eaton, Sales Agent





Phone Directory updates/corrections

The Island Directory is published by Library volunteers. We try our best, but sometimes we don't get it exactly right. Please check your listing and let us know if we can fix it. Thank you!

Please send all corrections or updates and additions to gulldirect@hotmail.com

Under the Organizations, Chebeague Island Council, **Calendar Editor**, remove the 619 number and contact the editors at the email address only.

BALLARD

Khatmandhu no house phone

BERRY, Alexander & Caitlin Cronin (NEW)

21 Island View Road, Phone: 846-0752
208 Ellington Road, Longmeadow, Ma. 01106
Caitlin Caitlin.cronin@gmail.com 413-567-0257

BOWEN, Richard

replace email with rhwbowen3@gmail.com

CALDER, Virginia Tatakis

replace house # with cell 653-1910

EYESTER, Darlene & Jeffrey Dreyer

correct off island phone # 720-708-5161

FORMISANO, Erica

replace email with ecformisano@gmail.com

FRENCH, Joan

add cell # 617-519-8513

GRANT, Robert

replace email with Bobgrant444@gmail.com

HAINES, Tricia

replace email with hainestricia@yahoo.com

Hollander, Janna Hobbs & Michael (NEW)

33 Back Shore Rd, Phone: 846-0859
hobbsjanna@gmail.com
mhollander777@gmail.com

MAGLIO, Bill & Kathie

no house phone, add cells:
Bill 862-222-7256
Kathie 862-579-5079

NYHAN, Nick & Megan

correct address to 62 Carters Point Road

PECK, Sherri

replace email with sp02@fuse.net

RICE, Peter

no house phone, add cell 207-215-6966

SHEPHERD, Barrie

correct street # to 56

SMITH, Claire (Lari)

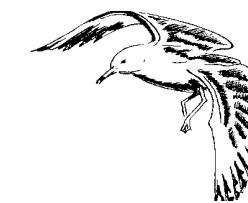
correct email & add cell:
Lari clairevsmith@gmail.com Cell 617-823-8343

VAUGHAN, Will & Maggie

correct house phone to 846-3817

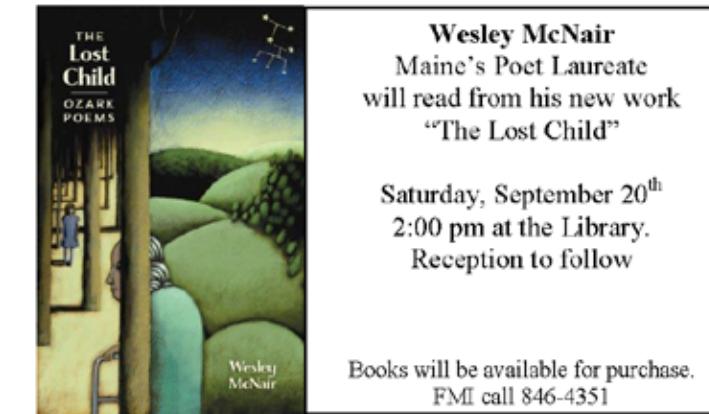
WALLER, Susan

no house phone, Massachusetts # changed
to 508-269-3937



Chebeague Island Library

phone: 846-4351 fax: 846-4358 cheblib@hotmail.com
<http://chebeague.chebeague.lib.me.us/>



Wesley McNair
Maine's Poet Laureate
will read from his new work
"The Lost Child"

Saturday, September 20th
2:00 pm at the Library.
Reception to follow

Books will be available for purchase.
FMF call 846-4351

AFTER LABOR DAY, WE GO TO WINTER HOURS!

Monday	CLOSED
Tuesday	4:00 PM – 8:00 PM
Wednesday	10:00 AM – 1:00 PM
Thursday	4:00 PM – 8:00 PM
Friday	10:00 AM – 1:00 PM
Saturday	10:00 AM – 1:00 PM
Sunday	CLOSED

- Reminder – After Labor Day, reduced hours go into effect.
- The Library's high speed, unfilter-ed Internet access is provided through the Maine School Library Network.
- During any power outage, the wireless router is hooked into the Community Center generator and is accessible 24/7.
- Story Hour, Wednesdays at 10:30 am





Burn Permits and Parking

A Burning Permit is an absolute must if you are planning any type of outside burning. The permit is FREE. The permit lists the items that can and cannot be burned. Please read the permit PRIOR to starting the fire.

ALL fires must be attended at ALL TIMES

To get a burning permit during office hours, contact the Town Office at 846-3148, otherwise contact:

Ralph Munroe 712-3827
Lisa Israel 274-0716

Dianne Calder 846-4176
Tom Calder 846-8758

For more information, go to www.townofchebeagueisland.org

You do NOT need a permit to cook on your Outdoor Grill or Outdoor Fireplace.

Fire/Rescue needs your help.

Please be sure to pull off the road as much as you can when visiting a friend's house. If you have a meeting or party, have everyone park on the same side of the road. This will allow Fire/Rescue vehicles to respond to a call quickly.

Thanks!



Important resource numbers



AA 24hr hotline	774-4335/800-737-6237
Al Anon/Alateen to help family/friends of alcoholics.....	284-1844/800-498-1844
NA hotline	800-974-0062
24 hr Crisis Intervention and Suicide Prevention Hotline	888-568-1112
Statewide Sexual Assault Crisis Hotline.....	800-871-7741
Family Crisis Services	800-537-6066

DID YOU KNOW?

Labor Day is held the first Monday of September.

Labor Day became a National Holiday in 1884, signed by Grover Cleveland.

The first labor strike in America was in 1836 when a group of Maine fishermen refused to work not receiving their salaries.

Peter McGuire is considered the "Father of Labor Day." He proposed the idea of a national Labor Day after founding the United Brotherhood of Carpenters and Joiners of America.

The Adamson Act of 1916 mandated 8-hour work days and was the first federal law regulating working hours in private companies.

Today's labor force is roughly 156,000,000.

ISLAND ELECTRIC presents **TRAPZILLA**

A machine to CRUSH discarded wire lobster traps – so they can be easily removed from the island and recycled! **We will do this for FREE!!**

(donations gratefully accepted to offset expenses)

Drop off traps by the pickup load. Or, for a fee, we'll come get them. Call to get on the list.

- Traps must have trash, cement, bricks, plastic runners removed (wooden runners and metal weights are okay)
- Traps not properly prepared will either be rejected or processed for a fee

For more information, please call Kim Boehm, 846-2468 or email islndelt@juno.com

THE FOOT DOCTOR, RUSSELL RYBKA, is coming to Chebeague on **Wednesday, September 3th.** Call 829 6463 for an appointment. Walk-ins welcome too.



Island Electric would like to remind everyone we provide the following services:

- Repairs and service for electric appliances, water heaters, water pump systems, septic pump systems, sump pumps, and lamp and light fixture repairs
- Installation and repair of electrical systems and components, including generator sales and service
- Installation and repair of wiring for telephones, computer, television and sound systems
- Boat and marine wiring (docks, piers, etc)
- Service to other islands via our own boat

Feel free to contact me at 846-2468 or islndelt@juno.com

Thanks, and remember to support your local Island businesses... Kim



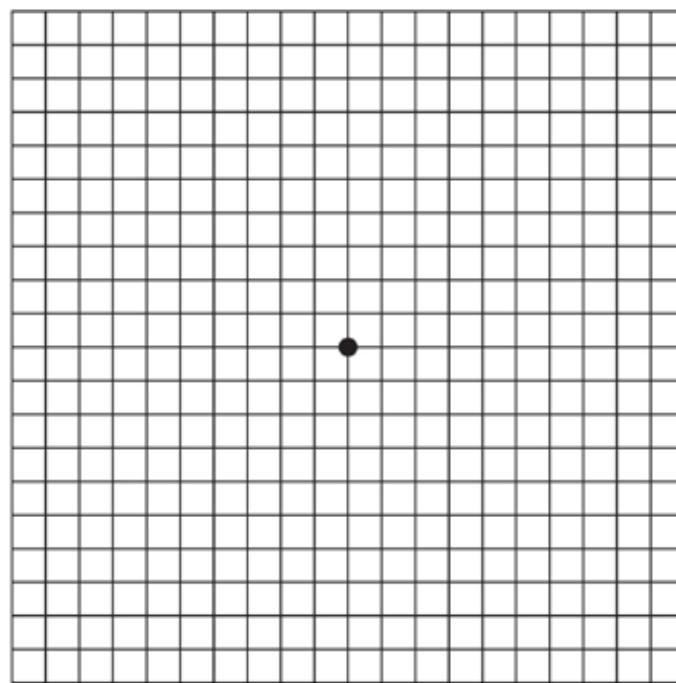
Thank you notes

The Ladies Aid would like to take this time to thank all who helped us at the Fair this year with baked goods, collectors and extra workers. We'd be spaced right out if it wasn't for everyone. Thanks a lot.

We would like to thank the following: Polly & Kevin for their hospitality; The Denver crew for making the journey; Kay-Kay for her preparations; Aunt Bev and Uncle Stephen for being a Great Aunt(!) and providing us lobster; Linda White for a delightful lunch; John & Courtney Wilson for an awesome Frolic dinner and use of their pig trough; Vika for having fun with our kids; Aunt Charlotte & Uncle Scott for a fun weekend in Vermont; all our family for good times; and, last but not least, David & Nancy for tolerating the noise and mess for three weeks. We love you all! Tom, Liz, Evie, Felix, & Benjamin



AMSLER GRID



The Amsler grid is used to monitor one's central vision - the vision used for reading and other detailed work. Abnormalities of the grid, such as distortions or missing areas, may indicate a problem within the central vision. If you are using the Amsler grid to monitor an existing condition, such as macular degeneration or macular pockers, it is recommended to use the grid daily. Consider placing the grid on your refrigerator so you see it and remember to use it.

Follow the steps below. Remember, using the Amsler Grid is not a substitute for an eye exam.

1. While wearing your reading glasses, hold the grid at a comfortable reading distance (~12-14").
2. Covering one eye, look at the dot in the center of the grid.
3. Without moving your eyes but being aware of the rest of the grid, look for any distortions or missing areas. All lines should be straight and intersect at right angles. Make note of any abnormalities and report the findings to your eye doctor.
4. Repeat test with other eye.

Chebeague Health Center News

Chebeague needs your food. As you are packing up to go for the season, please consider taking your UNopened food to the Church Food Pantry. Unfortunately, this island really does match the USDA statistics that say 14.9%, or roughly 25 families on Chebeague, are food insecure. Food insecurity means the household does not have enough food to provide adequate nutrition for the family.

Maine is ranked #1 for having the highest food insecurity in New England for not only households but also for seniors and for children. Food insecurity has gone up 50% in the past ten years.

According to Feeding America, 36% of Maine's food insecure population makes too much money

to qualify for Food Stamps – so they must rely on charity-based food assistance programs. You can do your bit by donating to the Church Food Pantry. If you want someone to pick up your donations, please ring either Lola Armstrong at 846 4106/846 4737 or Gin Ballard at 653 5651.

Donations can include: Unopened canned goods, boxed goods, household cleaning products (i.e. dish washing liquid, detergents, etc.) paper products like toilet paper, paper towels. Personal hygiene products like toothpaste/tooth brush, hand soap/shampoo, etc.

If you have fresh vegetables/frozen meat products please make special drop-off/pick up arrangements with Lola at 846 4106/846 4737.

Tuesday Lab Work & More

Do you know that there is no charge to visit the Island Council Health Center on Tuesdays? (You will have to pay for the actual lab work that you have done.) **Nancy Hill RN** is volunteering when she draws your blood, checks your blood pressure or when she is doing other nursing duties. **Joan Robinson**, receptionist, volunteers to answer the phone. Nancy, Joan, and **Mary Holman** volunteer their time to the take lab work that needs to get to the mainland.

LAB HOURS: Tuesdays 7:30am to 9:30 am (so lab work can get on the 10am boat) You can JUST WALK IN. If you have any questions please call Nancy at her home **846-4126**.

Health Center phone: 846 4988 our fax is 846-9747. The Health Center is located at 247 South Rd #2 – it shares the building with the Community Hall & the Library – next door to Doughty's Market.

If you need to be seen for an office visit:

- You can contact your own Primary Care Provider.
- You can also go to Mercy Express Care Route 1 in Yarmouth. They are open 8am to 8pm 7 days/week. Phone number is 535-1200.

Don't forget to pick up your 911 Fridge magnet at the Health Center or the Library

Tick-proofing your yard:

- Keep the grass trimmed.
- Trim your paths so you don't hit the bushes as you walk down the path. Ticks love to hang on a branch then "hitch" a ride and a potential meal with someone/some animal.



Top Row: Black-legged DEER Ticks. Left to Right: nymph, adult male, adult female. Fully engorged female. Infected DEER ticks transmit Lyme Disease.

Bottom Row: DOG ticks. NOT associated with Lyme Disease. Left to Right: adult male, adult female, fully engorged female.

Coloring



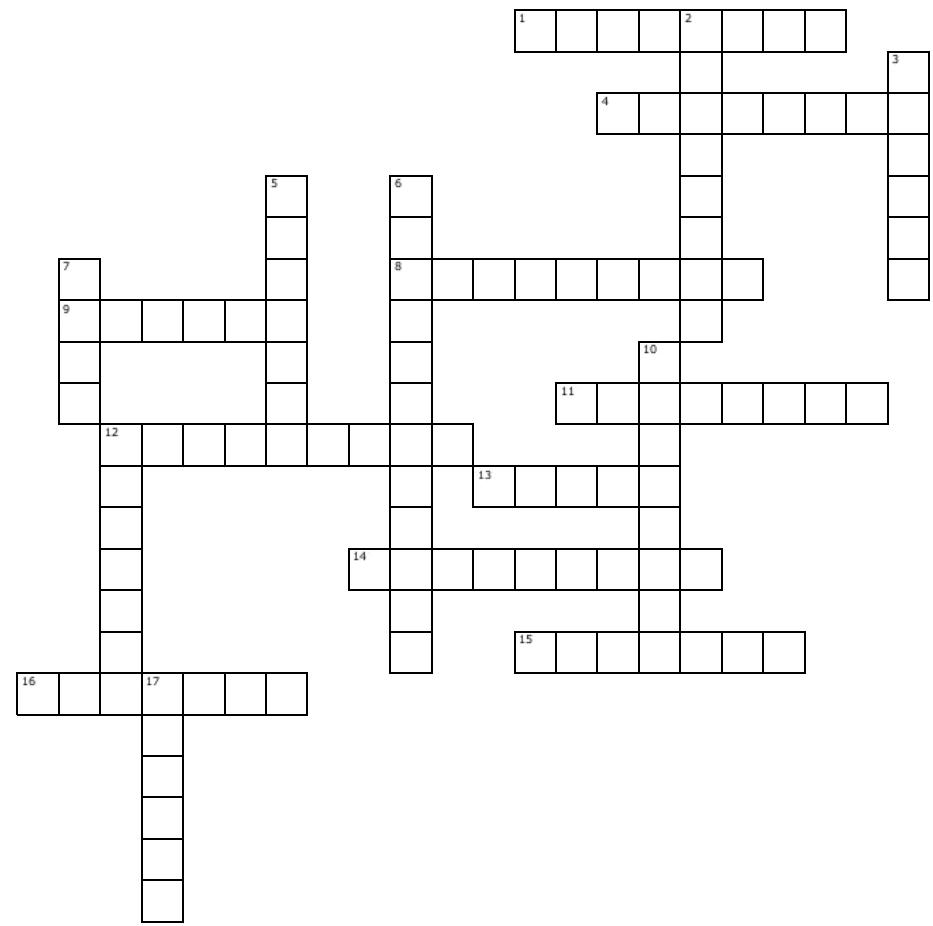
Crossword

Across

1. Highest point of elevation
4. The official state flower
8. The official state bird
9. large national park
11. Largest city in Maine
12. Largest County in Maine
13. The official state animal
14. Most popular tourist destination
15. Number of Maine counties
16. Portland baseball team

Down

2. The official state insect
3. Current governor
5. Portland hockey team
6. State nickname
7. City of Ships
10. Home of L.L. Bean
12. Capital of Maine
17. Maine state motto



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Birds seen on Chebeague Island

Photos by Beverly Johnson and Martha Hamilton Doughty



Osprey



Night heron



Snowy owl



Northern gannett



Tufted titmouse



Woodcock



Pileated woodpecker

For more birds, go to www.chebeague.org/chebeague_birds/