



Pre-K Menu – November 2009

(15 lunch days)

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Bagel (egg, cheese & bacon) Hash Browns, Fresh Fruit & Milk	3 Stone Soup, Wheat Roll, Fresh Fruit & Milk	4 <i>No Pre-K</i>	5 Hamburger or Cheeseburger, Oven Fries, Tossed Salad, Fresh Fruit & Milk	6 Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
9 Chicken Nuggets, Buttered Noodles, Steamed Veggies, Fresh Fruit & Milk	10 Make Your Own Bag Lunch: P.B.& J., Yogurt, Apple & Milk	11 <i>No Pre-K</i>	12 Chicken Quesadilla, Spanish Rice, Veggies, Fresh Fruit & Milk	13 Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
16 Breakfast Sandwich (English muffin, egg, cheese & sausage) Hash Browns, Fresh Fruit & Milk	17 Chicken Noodle Soup, Half Toasted Cheese, Fresh Fruit, Cookie & Milk	18 <i>No Pre-K</i>	19 Thanksgiving Dinner with Pumpkin Crumble & Milk	20 French Bread Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
23 Piazzo Bread w/Dipping Sauce, Veggie Sticks w/Dip, Fresh Fruit & Milk	24 Hotdog on Roll, Sweet Potato Oven Fries, Veggie Sticks w/Dip, Fresh Fruit & Milk	25	26	27
<i>No School – Thanksgiving Break</i>				
30 Multigrain Pancakes w/Sausage, Maple Syrup, Fresh Fruit & Milk				

Always available: P.B.&J. or Cereal: Cheerios or Rice Krispies. All served with yogurt and fresh fruit.

On meat entree days, Smart Dogs, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.

Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.