



Pre-K Menu – January 2010
(14 lunch days)

Monday	Tuesday	Wednesday	Thursday	Friday
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<i>No School – Winter Break</i>				
4 <i>No School</i> <i>Teacher Inservice</i>	5 Pasta & Meatballs, Tossed Salad, Fresh Fruit & Milk	6 <i>No Pre-K</i>	7 Chicken & Rice Soup, Half Toasted Cheese Sandwich, Fresh Fruit, Milk & Cookie	8 French Bread Cheese Pizza, Veggie Sticks w/Dip, Fresh Fruit & Milk
11 Multigrain Pancakes, Maple Syrup with Sausage, Fresh Fruit & Milk	12 Ham & Cheese on Wheat, Pretzels, Fresh Fruit, Milk & Brownie	13 <i>No Pre-K</i>	14 Chicken Nuggets with Dipping Sauce, Steamed Veggies, Fresh Fruit & Milk	15 Cheese Pizza, Veggie Sticks w/Dip, Fresh Fruit & Milk
18 <i>No School</i> <i>Dr. Martin Luther King Jr.'s Birthday</i>	19 Cheese Ravioli, Tossed Salad, Garlic Toast, Fresh Fruit & Milk	20 <i>No Pre-K</i>	21 Hamburger or Cheeseburger, Oven Fries, Steamed Veggies, Fresh Fruit & Milk	22 French Bread Cheese Pizza, Veggie Sticks w/Dip, Fresh Fruit & Milk
25 Breakfast Sandwich (egg, ham & cheese on English muffin), Hash Browns, Fresh Fruit & Milk	26 Mac & Cheese, Steamed Veggies, Fresh Fruit & Milk	27 <i>No Pre-K</i>	28 Hotdog on Roll, Oven Fries, Steamed Veggies, Fresh Fruit, Milk & Jello w/Whipped Cream	29 Cheese Pizza, Veggie Sticks w/Dip, Fresh Fruit & Milk

Always available: P.B.&J. or Cereal: Cheerios or Rice Krispies. All served with yogurt and fresh fruit.

On meat entree days, Smart Dogs, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.

Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.