



Pre-K Menu – December 2009

(13 lunch days)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bag Lunch (PB & J, Tuna Salad or Egg Salad), Yogurt, Apple Slices, Veggie Sticks w/Dip & Milk	2 No Pre-K	3 Chicken Soup, Half Toasted Cheese Sandwich, Fresh Fruit, Cookie & Milk	4 Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
7 Breakfast Sandwich (English muffin, egg, cheese & sausage) Hash Browns, Fresh Fruit & Milk	8 Chicken Patty on Roll (w/lettuce & tomato), Fresh Fruit & Milk	9 No Pre-K	10 Chicken Nuggets, Mashed Potatoes, Tossed Salad, Fresh Fruit & Milk	11 French Bread Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
14 Multigrain Pancakes, Maple Syrup, Sausage Patty, Fresh Fruit & Milk	15 Tuna Sandwich on Wheat, Pretzels, Veggie Sticks w/Dip & Milk	16 No Pr-K	17 Christmas Dinner – Chicken Pot Pie, Steamed Veggies, Cranberry Sauce, Christmas Cookie & Milk	18 Cheese Pizza, Veggie Sticks w/Dip, Fresh Fruit & Milk
21 Breakfast Bagel (wheat bagel, egg, cheese & turkey bacon), Hash Browns, Fresh Fruit & Milk	22 Hotdog on Roll, Oven Fries, Steamed Veggies, Fresh Fruit & Milk	23	24	25
No School – Winter Break				
28	29	30	31	
No School – Winter Break				

Always available: P.B.&J. or Cereal: Cheerios or Rice Krispies. All served with yogurt and fresh fruit.

On meat entree days, Smart Dogs, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.

Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.