



Menu – November 2009
(15 lunch days)

Alternative: Turkey & Cheese Sandwich on Wheat, with Pretzels, Fruit, Veggies w/Dip & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Bagel (egg, cheese & bacon) Hash Browns, Fresh Fruit & Milk	3 Fish Sticks, Mashed Potatoes, Steamed Veggies, Fresh Fruit & Milk	4 Tomato Soup, Toasted Cheese, Fresh Fruit, Cookie & Milk	5 Hamburger or Cheeseburger, Oven Fries, Tossed Salad, Fresh Fruit & Milk	6 Pizza: Cheese, Pepperoni or Veggie, Veggies w/Dip, Fresh Fruit & Milk
9 Breakfast Sandwich (English muffin, egg, cheese & ham) Hash Browns, Fresh Fruit & Milk	10 <i>K – 5 Field Trip</i> <i>No Lunch</i>	11 <i>NO SCHOOL</i> <i>Veterans Day</i>	12 Chicken Quesadilla, Spanish Rice, Veggies, Fresh Fruit & Milk	13 Pizza: Cheese, Pepperoni or Veggie, Veggies w/Dip, Fresh Fruit & Milk
16 Breakfast Burrito (egg & cheese), Hash Browns, Fresh Fruit & Milk	17 Ham & Cheese Sandwich on Wheat, Pretzels, Veggie Sticks w/Dip & Milk	18 <i>Early Release</i> <i>No Lunch</i>	19 Thanksgiving Dinner with Pumpkin Crumble & Milk	20 French Bread Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks w/Dip, Fresh Fruit & Milk
23 Piazzo Bread w/Dipping Sauce, Veggie Sticks w/Dip, Fresh Fruit & Milk	24 Hotdog on Roll, Oven Fries, Steamed Veggies, Fresh Fruit & Milk	25	26	27
30 Multigrain Pancakes w/Sausage, Maple Syrup, Fresh Fruit & Milk				

<i>No School – Thanksgiving Break</i>
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Always available: P.B.&J. or Cereal: Cheerios or Rice Krispies. All served with yogurt and fresh fruit.
 On meat entree days, Smart Dogs, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.
 Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.