



Menu – May 2010
(19 lunch days)

Alternative: Egg or Tuna
Salad Sandwich on Wheat,
with Pretzels, Fruit, Veggie
Sticks & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
3 Corn Chowder, Biscuit, Tossed Salad, Fruit & Milk	4 Tuna or Egg Salad Sandwich on Wheat, Pretzels, Veggie Sticks, Fruit & Milk	5 Grilled Chicken, Roasted Potatoes, Steamed Veggies, Fruit & Milk	6 Cheese Ravioli, Garlic Bread, Tossed Salad, Fruit & Milk	7 Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks, Fruit & Milk
10 Beef or Vegetarian Chili, Corn Bread, Veggies, Fruit & Milk	11 Pasta w/Chicken & Broccoli Fruit & Milk	12 Chebeague Is./Long Is. BBQ Hot Dogs & Hamburgers French Fries, Fruit, Cookie & Milk	13 Macaroni & Cheese Tossed Salad, Fruit & Milk	14 Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks, Fruit & Milk
17 Chicken Pot Pie, Veggies, Fruit & Milk	18 Mr. Bump's Famous Pasta & Meatballs, Tossed Salad, Fruit & Milk	19 <i>Early Release</i> NO LUNCH	20 Black Bean Burritos, Veggies Sticks, Fruit, & Milk	21 Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks, Fruit & Milk
24 Cheese Omelettes Hash Browns, Veggies, Fruit & Milk	25 Beef Stew served on Rice, Corn Bread, Salad, Fruit & Milk	26 Chicken & Veggie Falitas With Black Beans & Rice, Fruit & Milk	27 Corn Dogs, Steamed Veggies, Fruit & Milk	28 Pizza: Cheese, Pepperoni or Veggie, Veggie Sticks, Fruit & Milk
31 MEMORIAL DAY NO SCHOOL				

Always available: P.B.&J, Yogurt & Homemade Granola, Cheerios or Rice Krispies. All served with fresh fruit.

On meat entree days, Smart Dogs, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.

Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.