





Menu – January 2012
(19 lunch days, 15 Pre-K lunch days)

Alternative: Egg or Tuna
Salad Sandwich on Wheat,
with, Fruit, Veggie Sticks &
Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Meatball Sub, Steamed Green Beans, Fresh Fruit and Milk	4 Grilled Cheese Sandwich, Raw Carrots, Fresh Fruit and Milk	5 Chicken Pot Pie, Veggies, Fresh Fruit and Milk	6 Pizza: Cheese, Pepperoni, Sausage, Bacon or Veggie, Tossed Salad, Fresh Fruit & Milk
9 Ravioli with Marinara Sauce, Tossed Salad, Fresh Fruit and Milk	10 Chicken and Veggie Stir Fry served over Brown Rice with Fresh Fruit and Milk	11 Corn Chowder with Biscuit, Tossed Salad, Fresh Fruit and Milk	12 Cheddar Cheese and Bacon Quiche, Tossed Salad, Fresh Fruit and Milk	13 EARLY RELEASE NO LUNCH
16 DR. MARTIN LUTHER KING'S BIRTHDAY NO SCHOOL	17 Beef Taco with Fixins, Fresh Fruit and Milk	18 Rotini with Marinara Sauce, Tossed Salad, Fresh Fruit and Milk	19 Chicken Stew with Fresh Fruit and Milk	20 Pizza: Cheese, Pepperoni, Sausage, Bacon or Veggie, Tossed Salad Fresh Fruit & Milk
23 CHINESE NEW YEAR FEAST	24 Minestrone Soup with Corn Bread, Tossed Salad, Fresh Fruit and Milk	25 Ham and/or Cheese Italian Sandwich, Steamed Green Beans, Fresh Fruit and Milk	26 Beef or Veggie Lasagna with Tossed Salad, Fresh Fruit and Milk	27 Pizza: Cheese, Pepperoni, Sausage, Bacon or Veggie, Tossed Salad Fresh Fruit & Milk
30 Stuffed Shells with Marinara Sauce, Tossed Salad, Fresh Fruit and Milk	31 Homemade Chicken Noodle Soup with Biscuit, Tossed Salad, Fresh Fruit and Milk			

Always available: P.B.&J, Yogurt & Homemade Granola. All served with fresh fruit.

On meat entree days, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.

Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.